



What a treat for me to curate your Winter Wellness Blissmobox. As a teacher, author, blogger and mother of two, I care passionately about keeping kids safe and healthy all year long. As our days get shorter and shorter, it reminds us that we're entering the magical and cozy winter season, with its lovely sparkling snow, steaming hot chocolate, fuzzy hats and colorful mittens. While the holidays are wonderful, the winter weather also reminds us that there are a proliferation of germs popping up at schools and offices across the country. Stay healthy and happy this winter with the blissmo Winter Wellness survival kit. You'll find everything from Smarty Pants vitamins and antibacterial CleanWell hand sanitizers to warming Numi tea and a non-toxic vapor rub to calm sore throats and lungs. Use this box to keep the whole family happy and healthy all winter long.

Wishing you a happy, safe, and healthy winter!



Katy Farber

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Non-Toxic Kids, Fifth and Sixth Grade Teacher in central Vermont

Read more at www.non-toxickids.net and www.momscleanairforce.com
Check out Katy's new e-book: *Eat Non-Toxic: a Manual for Busy Parents*

blissmobox winter wellness



Stay healthy with tasty adult gummy vitamins made with eco, natural, and organic ingredients. You'll also be helping a child in need stay healthy, as SmartyPants makes a matching 1-for-1 nutrient grant donation for every purchase.

- Contains 100% RDA of Vitamin D plus healthy omega 3's
- No icky high fructose corn syrup
- Packed with key nutrients like D3 and B12



Get better. Do better.™

Getting sick once in a while is unavoidable, but taking medicines made with sketchy ingredients isn't. Avoid synthetic pharmaceuticals and questionable side effects with all-natural remedies from Maty's.

- Free of petrochemicals
- No synthetics or toxins
- Packed with antiseptic wintergreen, anti-inflammatory eucalyptus and antispasmodic peppermint



Killing germs is great, but not if we use toxins and chemicals that are even worse for us than the germs we're trying to get rid of. Eliminate germs naturally with thyme oil, not harsh chemicals.

- Free of skin-drying alcohol
- Antibacterial and moisturizing ingredients
- Never tested on animals



Celebrating people, planet and pure tea

Whether you're feeling under the weather or like a million bucks, a warm and comforting cup of organic Numi Tea can always make you feel better.

- USDA certified organic teas & herbs
- No synthetic flavors or fragrances
- A certified B Corporation for its sustainability practices
- Fair Trade USA certified